

## **Community Resources for Families - Food and Health Services**

The Winter Park Health Foundation (WPHF), our partner in promoting school health and wellness, is supporting several special projects this year aimed at assisting Winter Park, Maitland and Eatonville families who may be experiencing extraordinary challenges as a result of the poor economy.

Here are valuable links to these programs to use if you think you might be eligible to receive assistance:

**Food – Second Harvest Food Bank**  
[www.foodbankcentralflorida.org](http://www.foodbankcentralflorida.org) - 407-295-1066

The WPHF has provided grants to Second Harvest to help increase the amount of emergency food available to families in need through the Food Bank's regular distribution sites in the Winter Park, Maitland and Eatonville areas. Please call the Food Bank for a list of food pantries in your area.

In addition, the WPHF is supporting the Benefits Connection Program which provides counselors to help families determine if they are eligible for, and then apply for, Food Stamps and other benefits such as the Earned Income Tax Credit, KidCare (health insurance for children) and Medicaid. For more information, and to reach an Earned Benefits Connection specialist, call Nitza Colon at 407-399-0860.

**Children's Health Insurance** – <http://www.floridakidcare.org>  
c/o Healthy Start Coalition of Orange County - 407-836-2528.

Through Florida KidCare, the state of Florida offers [health insurance](#) for children from birth through age 18, even if one or both parents are working. It includes four different parts. When you [apply](#) for the insurance, Florida KidCare will check which part your child may qualify for based on age and family [income](#). Some of the services Florida KidCare covers are:

- Doctor visits
- Check-ups and shots
- Hospital
- Surgery
- Prescriptions
- Emergencies
- Vision and hearing
- Dental
- Mental health

You can apply at the website listed above. In addition, the WPHF has provided a grant to the Healthy Start Coalition to underwrite a local

outreach specialist to work specifically with Winter Park, Maitland and Eatonville area families who feel they may qualify for KidCare. Contact Aracely Robledo, at 407-836-2528 for more information.

**Health Services** – [www.healthykidstoday.org](http://www.healthykidstoday.org) (For more information, click on the program titles under “Coordinated Youth Initiative” on left side of home page)

WPHF supports a collection of programs—part of the Coordinated Youth Initiative—in Winter Park, Maitland and Eatonville public schools to help students become the healthiest and most academically productive possible.

The programs include CHILL (Community Help & Intervention in Life’s Lessons) which is a free, school-based counseling program for students and their families; the School Nursing Initiative which includes nurses staffing school clinics, and the Student Health Centers, which are staffed by nurse practitioners and physician assistants, and are able to offer more advanced medical care to families in need.

The Student Health Centers, at Winter Park High School (407-622-3200, ext. 2201) and Glenridge Middle School (407-623-1415, ext. 256), provide care by appointment only. The primary care services are aimed at families with students attending any of the Winter Park Consortium schools who are without adequate health care coverage or timely access to their health care provider. Health care professionals from each of the programs communicate with each other and coordinate care to best meet the needs of the individual students.